

# INDIVIDUAL-PSYCHOLOGICAL CONDITIONS AND FEATURES OF PROFESSIONAL-METHODOLOGICAL TRAINING OF PRESCHOOL TEACHERS IN AN INDIVIDUAL EDUCATIONAL ENVIRONMENT

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**Abstract:** This article examines the importance of the individual educational environment in preschool educational organizations and the professional and methodological training of educators. The article analyzes how individual pedagogical and psychological conditions affect the educational process. The individual educational environment plays an important role in the effective organization of the learning and development process of children by taking into account their personal needs, abilities and psychological characteristics.

**Keywords:** Individual educational environment, preschool education, professional and methodological training of educators, psychological conditions, individual pedagogical approach, child development, personal needs, psychological state, development of the human personality, preschool educational organizations, individualization of the educational process, pedagogical methods.

The Concert for the Development of the Higher Education System of the Republic of Uzbekistan until 2030, in the framework of the measures set to expand the coverage of higher education, improve the quality of training of specialists with higher education, increase the individuality of students in the educational process, develop curricula based on individual educational trajectories, aimed at developing creative thinking and practical skills in

students, and gradually provide higher educational institutions with academic independence in order to implement the tasks set, plays an important role in the professional methodological preparation of future preschool educators, improving their reading and methodological skills and qualifications based on modern scientific technologies, their professional methodological development, and becoming mature specialists in their future professional and pedagogical activities.

A preschool educator is a specialist responsible for establishing children's early learning and creative activities, ensuring their spiritual, moral, and physical development. To do this, the educator must have not only pedagogical skills, but also individual characteristics, psychological and professional abilities. Individual psychological conditions and characteristics are important in developing the professional and methodological training of preschool educators.

The concept of "individual" is Latin and means "to be engaged in a private, solitary, and special way." Individualization, as a type of differentiated education, is fully expressed in modular teaching.

Individualized learning environment means organizing the educational and upbringing process based on the personal needs, interests and abilities of each child. Research and pedagogical experiments that have led to this show that the psychological, emotional and intellectual development of children depends on the individual characteristics of each.

Therefore, preschool educators must ensure an individual approach when working with each child.

The professional and methodological training of preschool educators shapes their working style and skills.

An individual learning environment is a set of psychological and pedagogical conditions in the process of interaction between a student and a teacher. For preschool educators, an individual learning environment is based on taking into account the individual characteristics, abilities and needs of children.

In this environment, it is necessary to create psychological opportunities to explore the personality of each child, develop their creative abilities, and avoid stress and confusion in the learning process.

**Individual-psychological conditions** In order to effectively organize the professional and methodological training of a preschool educator, a number of psychological conditions must be taken into account. The main ones are the following factors:

**Psychological stability and stress tolerance.** Educators need to have the ability to manage stress and solve problems effectively. To do this, it is important to provide them with knowledge and skills in the field of psychology.

**Motivation and internal needs.** It is important to form the enthusiasm and interest of preschool educators in their professional activities. In this regard, individualized forms of teaching, that is, educational programs adapted to the personal needs of each educator, are important.

**Social abilities of the personality.** The educator's communication skills, the ability to establish effective interaction with children, and the ability to clearly and clearly define pedagogical tasks are also considered part of individual-psychological conditions.

The psychological characteristics of a preschool teacher are important for the effective implementation of his pedagogical activities. They include the following:

**Empathy and the ability to sense children's needs.** The educator must have the ability to correctly assess the condition of children and apply appropriate upbringing methods. Empathy allows for a correct understanding of children's needs and provides them with psychological support.

**Psychological preparation.** The educator must have the psychological training to assess the psychological state of children, understand their volitional and emotional states, and select appropriate teaching methods for them.

**Self-reliance and professional responsibility.** A teacher's attitude to work, a critical view of their own activities, and a desire for professional growth are part of the individual psychological characteristics of a person.

For preschool educators, taking into account individual psychological conditions helps to actively and effectively organize the educational process. Educators should strive to consider the personal needs of each child, their psycho-emotional state, and any creative abilities.

Individual psychological conditions play an important role in the professional and methodological preparation of preschool educators. These conditions are important for creating opportunities for the development of educators' professional skills, pedagogical abilities, and personal qualities. Therefore, taking into account the individual psychological aspects of educators is important in establishing the professional development of each of them.

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