

## LIVING SAFETY TRAINING IN THE FAMILY

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### **Annotation:**

In this article, one of the main methods of ensuring the safety of human life is the organization of educational classes in order to provide knowledge about the safety of life for the education of preschool institutions, for which the concepts of life safety are described as short and concise methods of teaching and its importance.

**Keywords:** *upbringing, family, child, safety, ecology, labor, trauma, training, health, formation, recreation, sports, hazards.*

### **Аннотация:**

В данной статье одним из основных методов обеспечения безопасности жизнедеятельности человека является организация образовательных занятий с целью предоставления знаний о безопасности жизнедеятельности для воспитания дошкольных учреждений, для которых понятия о безопасности жизнедеятельности описаны как краткие и лаконичные методы преподавание и его важность.

**Ключевые слова:** *воспитания, семья, ребенок, безопасность, экология, труд, травма, обучение, здоровья, формирование, отдых, спорт, опасные факторы.*

It is known that any family pays special attention to child care. The stages of education begin with preschool education. However, when raising a child, it is necessary to pay attention to his upbringing on "life safety", especially so that he does not suffer bodily harm to his health, from the effects of various seemingly harmful, even toxic factors, his health does not deteriorate.

It is known that the science of "life safety" includes the disciplines "emergency situations and protection of citizens", "labor protection" and "Ecology". Accordingly, when educating life safety, citizens in any case should have an idea about labor protection and the environment. It is this comprehensive upbringing that can be achieved by starting from the earliest age of the child, that is, before entering kindergarten, the formation of his awareness of life safety.

Let's look at the work to be done in raising a child in the above three areas:

1. Education of the child in terms of emergencies and civil protection such concepts as high levels of wind, rain, earthquakes, floods, etc., the presence of human casualties as a result of which it is necessary to gradually find out - the

main factors of early natural emergencies. While explaining what to do during this time, it is necessary to explain the initial steps of the work that needs to be done to help the victims so that they can protect themselves.

2. In order to realize the concept of child labor protection, it is necessary to start with the fact that every person must work. At this point, it should be explained that human activity, that is, whether it is a child, an adult, will be able to work, relax, engage in various seemingly sports. Such concepts for a child can be explained through the image of labor, the image of fairy tale characters, through the image of his life, to be beautiful, through the image of non-working minions, through the appearance of life, to be poor, etc. It is necessary to explain what kind of work is done in order to live in a family, in terms of the simple nature of the family income from this work, so that the monetary manifestations are so-called. When explaining such harmful, dangerous factors that can occur during the same type of childbirth, injuries resulting from their impact on a person, the appearance of symptoms of a disease, etc., the child will have the idea of protecting himself from these factors by eliminating them. If the father or mother of the child directly shows this at work, on the work done, then the child will come up with an unforgettable concept. For example, in the example of a simple beating with a hoe, the proverb appears "If the tool is in good condition, then the work will be easier", handing over the hoe, doing work in front of the child in order to adapt it to work, a method of making a mask from ordinary fabric to protect against dust that occurs during work, this child also learns aesthetic supervision.

It is known that in one day a child comes to learn something from his parents, asking hundreds, even thousands of questions. At this time, without distracting the child, exactly the right answer will also play an important role in the child's upbringing. Every family has electrical appliances, cooking is done with the help of a flame. In this regard, when using electrical appliances and fire extinguishing, of course, with a simple explanation of electrical and fire safety, the concept of electrical and fire safety appears in the child.

3. In environmental education, the emergence of global environmental problems of our time requires the formation of environmental consciousness among the population. The initial stage of the formation of ecological consciousness is associated with the upbringing of the child in the family. Environmental education takes into account concepts that are mainly focused on obtaining environmental pollution, that is, atmospheric air, water and soil. Simple methods of shaping environmental consciousness in a child - throwing a broom into running water, throwing away a broom and garbage in an unnamed place,

unnecessary burning of various hay and furrows - can be started by explaining the fact that such negative circumstances lead to the emergence of diseases among people. For example, when a broom falls into clean water, the water becomes dirty, when it is understood that the person who eats it becomes ill, because polluted water contains all kinds of harmful substances - the child has an idea against drinking water pollution, etc.

Indicating that for the formation of ecological consciousness in the family there are vapors that pollute the atmospheric air, when they spread into the air, air pollution is observed, the main reason for this is that when there is not enough air necessary for combustion, this smoke appears - and, in addition, the idea of an economic concept appears in the child. In addition to these, it is necessary to constantly throw waste from the yard into a specially designated waste container so as not to throw out the necessary, that is, waste that can be reused, from separately organized collection points made of recycled paper, rags, plastics, polyethylene, metal, with an explanation, children develop their environmental awareness and further work.

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