

Yuldoshev Shakhboz Khoshimjon

Hoshimov Sherzodjon Israiljon

Bakhtiyarjonov Shakhzodbek Jamshid

Namangan Engineering Construction Institute

**PREPARING THE POPULATION FOR PRACTICAL COURSES ON
CIVIL PROTECTION AND ITS CONDUCT AND TRAINING**

Annotation: The main goal of the political and organizational work of civil defense in public economic enterprises is to ensure the protection of the entire population from enemy weapons and natural disasters. Heads of economic enterprises lead the political and educational work of the Fuqaro province in the selection, deployment, and training of commanders.

Key words: Civil protection, personnel, mental endurance, Military units

The items intended for the cultural and educational work of the units are the provision of daily press publications and other materials.

When the personnel of the civil defense department engages in training and practical exercises, and when the urgent tasks of rescuing people in places damaged by natural disasters are to be eliminated, the commander is responsible for the situation of political educational work, and the deputy commander for political affairs is responsible for organizational affairs and its implementation. In emergency situations, the units must perform their tasks boldly, orderly, and at a high level. Political affairs units should encourage those who have set an example in performing special tasks, provide medical care, food and rest for the units, and encourage the units to laugh with each other. is taught. The successful implementation of the political educational work carried out in the unit of the Fuqaro province in a combat situation depends on their high morale, political consciousness, mental endurance, and combat skills.



Figure 1.1 is a method of practical experience with students of the rescue process

In a combat situation, the task of the Civil Defense is carried out in difficult conditions: mass fires, large destruction, radioactive, chemically damaged conditions. It is a difficult task to bring the units of the Fukaro defense into the damaged center. In this place, there will be extremely difficult conditions, damaged by various weapons. Such an unexpected situation can have a bad effect on the forces of the division, and can cause fear and distrust for a while.

Therefore, political educational work should be aimed at ensuring the fulfillment of the combat task, no matter how difficult and difficult it is to carry

out the rescue work of the forces of the Fukaro protectorate. In such a period, he should continuously inform the population and defense forces about the situation. Explaining a new combat mission increases people's confidence in completing the task. "Combat flyers" are issued among the people who are doing rescue work in difficult conditions, and it is good to give short messages about their zealous work, heroism and mutual assistance.

-It is the most important duty of the leaders to have personal communication with the commanders and political leaders, to thoroughly study their mood, moral knowledge and work attitudes, to satisfy the needs and demands of the members of the unit, and to take care of them. After the shift of the units in the rescue work, the work in each part of Fukaro province will be completed. In this way, it will be concluded about how much work has been done, good experiences will be summarized and additional measures will be taken to increase the political activity of the personnel.

- In times of peace and war, the successful performance of the tasks assigned to the Fukaro defense units depends on their prior preparation and practical skills. During the training of the complex, the professional skills of the Fukaro security unit, their moral, political and spiritual maturity are put into practice.

During such training, people become more united, show their collective strength, and are trained to perform the task assigned to them in any difficult conditions.

Attention is paid to the distribution of previous experiences. Along with the military units, the units of the Fukaro defense are involved in their tasks to end the consequences of natural disasters that have caused losses in one or another district of our country. Such losses cause injury to the population and loss of material assets. Their role in reducing these losses is very large.

- In the spiritual, political and spiritual training of the population and the personnel of the organization, it is said to train them in the ability to perform their duties with endurance and fortitude without fear in the face of any

difficulties. Material things give a person physical food and strength. But it is typical of unconscious and soulless creatures to be content with materially providing. Striving for spirituality, having a soul and mind is a characteristic of a person.

Spirituality is a combination of the spiritual and mental world of a person. There is an expression in our language called "Bama'ni man". Happy is the person who understands such a phrase. "Nonsense man" is kulfat.

Spirituality is a concept embodying the nation of a society or the inner life, spiritual experiences, and mental abilities of a certain person.

Spirituality is the basis of human culture, the main factor of certain direction of human and social life. If spirituality is enriched, the society will prosper, and on the contrary, if spirituality is impoverished, the society will gradually decline. This is the reason why in the years of independence, the attitude to the issues of spirituality has changed, and strong attention is being paid to its enrichment. Spirituality is the main factor and "moonlight" of the development of society and nation. Spirituality is a broad concept that includes the concepts of enlightenment and culture. Mental training is defined as formation of the personality structure, mind, spirit, and the ability to perform the combat task in difficult conditions with active knowledge, patience and fortitude, without getting discouraged.

He shows self-control, courage and fortitude in damaged planes, in conditions of severe tests, in tight situations, in the environment of physical and spiritual stress.

In this sense, independence is the first requirement of the system of spiritual development, a reliable support and the main factor. This is the reason why changes in people's mind and spirit are considered as an important measure for the success of all reforms.

It is known that material things give a person physical nourishment and strength, and spirituality gives him spiritual nourishment and strength. But contentment

with the material aspect is characteristic of an unconscious, soulless creature. Striving for spirituality is a characteristic of a person, having a soul and mind. So, spirituality is a combination of the spiritual and mental world of a person.

What is good zinc? How to understand it? According to religious teachings, the soul is the divine basis that lives with the person in his life, after the death of the person, leaving the body and living forever. Zinc is completely free in the body. When zinc is released from the body, it is absorbed by the body. When zinc is in a person's body, it gives him life. It allows him to become an active member of nature and society, gives him character.

Spirit never dies, God gives it and God takes it back. The dream is explained by the temporary withdrawal of zinc from the body.

Those who sincerely believe in the religion of Islam believe that the Spirit is a ghost and that it exists. They do not forget the spirits of their deceased ancestors, they remember the ghost. They visit the cemeteries of saints. They ask the spirits of their ancestors for help in doing great things.

The Soviet ideology and philosophy considered the primacy of the eternal existence of the soul as unscientific, and considered the practice of remembering ghosts as superstition, ignorance, ignorance, harmful old age.

As a result of this, the society becomes mentally damaged, the spiritual world of the people narrows, and their spirituality becomes impoverished. This divine concept was replaced by social vices such as worshiping material things, indulging in materialism, forgetting the past, not thinking about the future, but living in anticipation of the present. It was forgotten that the Day of Judgment is near, when good deeds will be rewarded and bad deeds will be punished. As a result, people could not refrain from immorality, adultery, drunkenness, lying, unbelief, treachery, and similar actions. Because council politicians needed the same thing. After all, it would be easy to turn a people who do not have great ideals into a mindless mass, to lead them as they please.

So, what is the meaning of zinc water? Rukh expresses such meanings as a person's inner state, emotional experiences, feelings, inner world, spiritual appearance, thoughts, purpose and professional mood.

Kuchma means pride, grace, power, and pleasure. Action, event also means the characteristics of signs in the course of events. For example: We say that striving for enlightenment is the spirit of the times. Also, the main essence of profession, teaching, document, etc. For example: the spirit of the law is to establish justice. Above, we emphasized the water of faith several times.

Belief is a firm and firm belief in the opinions and views of others, treating them as if they were others, and trusting them sincerely. The concept of faith is related to the understanding of the meaning of human life, its uniqueness and essence. A person has the ability to be aware of himself, different from other living beings. These qualities are characteristic of human nature, and he strives to understand why he lives in this bright world, to prepare the ground for his future. Every sane person realizes that humanity is eternal and wants to leave something good for his family, children and humanity in general. Based on this, it determines the purpose and meaning of life. The same thing represents his faith. It is necessary to keep in mind that faith requires courage, bravery, selflessness. Without it, he will give you a drink as a dry.

The main tasks of moral, political and spiritual training of the personnel of the formations are as follows:

- The moral and political readiness of the organizations is such that it is believed that the work they are doing has contributed to the prosperity of independent Uzbekistan.
- It consists in forming the mental readiness of a person, not weakening his mental and confidence, strengthening the qualities of stability and heroism, and preparing him to be a brave person who will not back down from anything to achieve the goal, even if he becomes a victim.

- The moral, political and spiritual training of the personnel of the formations consists in making them inclined to fulfill their duties successfully and conscientiously. Training and training of spiritual, political and spiritual qualities is formed throughout life in the family, school, enterprise team, collective, neighborhood, universities and public organizations, military units.

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