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DIFFERENT APPROACHES FOR LEARNING FOREIGN LANGUAGES

***Annotation:** In the article different approaches for learning foreign languages and benefits of utilizing these methods are noted. On the other hand, basic steps to learning a foreign language and advantages of technology in language learning process were highlighted.*

Key words: *goal-setting, learning style, feedback, summarizing, paraphrasing, guessing, making connections, traditional methods, new approaches, interactive exercises.*

Learning foreign languages is definitely an investment that pays off. Every investment needs to be carefully considered, and the same applies to studying foreign languages. Currently, a lot of attention is paid to the new approach in the field of education, the transition from traditional education to the educational process enriched with modern technologies. The use of technology in education also increases the effectiveness of student education. Therefore, in our country, the deep reform of this issue is reflected in the decrees of our President on the development of ICT in the field of education. For example, the decision of the President of the Republic of Uzbekistan No. 5117 "On measures to raise the learning of foreign languages to a new quality level in the Republic of Uzbekistan" opened up great opportunities for students[1]. The decision is set to "organize the creation of videos, games, entertainment shows, films and other educational content for the comprehensive mastery of foreign languages and the development of basic language skills." This decision includes all the above mentioned topics and serves to raise education to a new level.

Learning a foreign language can be a rewarding and enriching experience, but it can also be challenging and frustrating. How can you make the most of your time and effort and achieve your language goals? In this article, we will explore some of the best study methods for learning a foreign language, based on research and expert advice. We will cover topics such as setting realistic and specific objectives, choosing the right materials and resources, using a variety of skills and strategies, and reviewing and testing your progress[2]. One of the first steps to learning a foreign language is to set clear and realistic goals for yourself. A useful framework for goal-setting is the SMART acronym, which stands for Specific, Measurable, Achievable, Relevant, and Time-bound. For example, instead of saying "I want to learn Spanish", you could say "I want to reach the A2 level of Spanish by the end of the year, by studying for 30 minutes a day, using an online course and a language exchange partner". This way, you have a more concrete and manageable target, and you can track your progress and motivation more easily.

Choose the right materials and resources- Another important factor for learning a foreign language is to choose the right materials and resources that suit your level, interests, and learning style. There are many options available, such as textbooks, podcasts, apps, websites, videos, games, and more. You should look for materials that are engaging, relevant, and appropriate for your goals and needs. For example, if you want to improve your listening skills, you could listen to podcasts or videos that match your level and topic of interest, and use subtitles or transcripts if needed. You should also try to expose yourself to authentic and varied sources of, such as news, music, movies, or blogs.

Use a variety of skills and strategies- Learning a foreign language involves developing four main skills: reading, writing, listening, and speaking. You should try to practice all of them regularly and balance them according to your goals and preferences. For example, if you want to improve your speaking skills, you could join a conversation club, find a language exchange partner, or record yourself speaking and get feedback. You should also use different strategies to enhance

your learning, such as repeating, summarizing, paraphrasing, guessing, making connections, asking questions, and taking notes.

Review and test yourself- One of the most effective ways to learn a foreign language is to review and test yourself frequently and systematically. This helps you consolidate your memory, identify your strengths and weaknesses, and measure your progress. You can review and test yourself in various ways, such as using flashcards, quizzes, games, or self-assessment tools. You should also review and test yourself at different intervals, such as after a lesson, a week, a month, or a longer period. This helps you avoid forgetting and reinforces your learning.

Seek feedback and support- Learning a foreign language can be challenging and sometimes discouraging. That's why it's important to seek feedback and support from others who can help you improve and motivate you. You can seek feedback and support from various sources, such as teachers, tutors, peers, friends, family, or online communities. You should ask for constructive and specific feedback on your performance, such as what you did well, what you need to work on, and how you can improve. You should also seek support from people who share your goals, interests, and challenges, and who can encourage you, inspire you, and celebrate your achievements.

Enjoy the process- Finally, one of the best study methods for learning a foreign language is to enjoy the process and have fun with it. Learning a foreign language is not only a cognitive task, but also a cultural and personal adventure. You can enjoy the process by exploring the aspects of the language and culture that fascinate you, such as history, literature, art, music, food, or customs. You can also enjoy the process by finding ways to make it fun and rewarding, such as playing games, watching movies, listening to songs, or traveling. By enjoying the process, you will not only learn more effectively, but also enrich your life and broaden. There are various different approaches and methods in language teaching that are used around the globe at home and in the classroom. Here we go through and analyze the most common approaches to language teaching so you can find the

best for you or your children. Learning a foreign language can be an exciting yet daunting task. It requires discipline, dedication, and a willingness to step out of your comfort zone. While traditional methods such as textbooks and language classes have been popular for many years, there are now new approaches emerging that can help make the process of learning a foreign language more engaging, effective, and even fun.

Technology has revolutionized the way we learn languages. With the rise of language learning apps, anyone with a smartphone can now learn a foreign language anytime, anywhere. These apps are designed to be engaging and fun, with features such as gamification and interactive exercises that make learning feel more like a game than a chore. Some popular language learning apps include Duolingo, Babbel, and Rosetta Stone. These apps offer a range of features, from basic vocabulary and grammar lessons to more advanced courses and personalized learning plans. Plus, many of them are free or offer a free trial, making them a low-risk investment in your language learning journey. If you're someone who enjoys listening to podcasts, why not use them as a tool for language learning? Language learning podcasts are a great way to immerse yourself in the language and improve your listening comprehension skills[3]. Podcasts such as Coffee Break Spanish and FrenchPod101 offer language learners a chance to listen to native speakers and practice their listening skills. These podcasts often include engaging stories, interviews, and news segments, providing a variety of content to keep learners engaged and motivated. Similar to podcasts, language learning YouTube channels offer a wealth of content for language learners. From grammar lessons to cultural insights, YouTube channels such as Easy German and JapanesePod101 provide learners with a variety of resources to help them improve their language skills.

One of the benefits of YouTube is that you can see and hear native speakers using the language in real-life contexts. This can help learners pick up on nuances of the language, such as slang and colloquialisms, that they may not learn from a textbook or classroom setting. Games are a great way to make learning fun, and

language-learning games are no exception. Games such as Scrabble and Bananagrams can be played in a foreign language, helping learners practice their vocabulary and spelling skills. There are also many language learning games specifically designed for language learners. For example, the game FluentU uses real-world videos, such as movie trailers and music videos, to help learners practice their listening and comprehension skills.

If you're serious about learning a foreign language, consider immersing yourself in the language and culture of the country. This could mean taking a trip to the country or even moving there for a period of time. Immersive language learning offers a unique opportunity to fully immerse yourself in the language and culture, giving you a chance to practice your language skills in a real-life context. It can be challenging, but it's also one of the most effective ways to learn a language. A language teaching method or approach refers to a set of principles and techniques that a language teacher uses to teach their students a foreign language. It provides a systematic framework that guides language teachers in selecting and sequencing content, designing activities, and assessing student learning. Language teaching methods have evolved over time, with different approaches emerging in response to changing language learning theories and instructional practices. Some of the most common language teaching methods and approaches include:

1. Grammar-Translation Approach: This method emphasizes the study of grammar rules and translation of texts from the target language into the learner's native language.
2. Direct Method: This approach emphasizes the use of the target language in the classroom, with the teacher and students [communicating](#) entirely in the target language.
3. Audio-Lingual Method: This method emphasizes the development of oral language skills through the repetition and drilling of language patterns and structures.

4. Communicative Language Teaching: This approach emphasizes the use of authentic communication and meaningful language use in real-life situations, with a focus on developing both language accuracy and fluency.
5. Task-Based Language Teaching: This approach emphasizes the use of language in task-oriented activities that simulate real-world situations, with a focus on developing communicative competence.
6. Content-Based Language Teaching: This approach emphasizes the use of language in the context of academic content, with a focus on developing both language and content knowledge.

There are many other language teaching methods and approaches, each with its own strengths and weaknesses, and each suited to different learner needs and contexts[4]. Successful language teaching requires careful consideration of the goals, needs, and interests of the learners, as well as the available resources and instructional context. Here, you'll find an overview of language teaching methods and approaches to help you take your teaching skills to the next level!

To sum up all given facts above it should be noted that, learning a foreign language can be a challenging yet rewarding experience. While traditional methods such as textbooks and language classes have been popular for many years, these new approaches offer a fresh and engaging way to learn a foreign language. Whether you prefer to learn through technology or immersive experiences, there is an approach out there that can help you achieve your language learning goals. Finally, language learning communities are a great way to connect with other language learners and native speakers. These communities can be found online, through social media groups or forums, or in person through language exchange events or language clubs. Joining a language learning community can provide learners with a supportive network of like-minded individuals who can offer tips and advice on language learning, practice speaking with them, and even offer cultural insights.

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